

The White Mare

Starters

* **Home-made Soup of The Day** £4.50

Served with our own House bread

Strips of Kangaroo with Soy, Sweet Chilli and Sesame Seeds £6.95

Served on a bed of mixed leaves finished with a fresh coriander and spring onion

* **A Smooth Homemade Chicken & Duck Liver Pârfait** £6.50

with Freshly Baked Bread & Chutney

Filo Basket filled with Mushrooms & Avacado in a Garlic Cream sauce £6.25

Gf Lamb Koftas on a Mixed Leaf

with lemon and coriander sour cream

+ *Small Plate £6.95, Large Plate £12.95*

* **Pan Fried King Prawn, Chorizo & Sun-blush Tomatoes**

cooked in Garlic Butter and served on a Herb Croustade

+ *Small Plate £7.00, Large Plate £13.50*

* **Mussels in a Thai Broth** £7.00

Served with Freshly Made Homemade Bread

+ *Small Plate £7.00 Large Plate - £13.50*

Double baked Parmesan, Cheddar and Tomato Soufflé £5.25

Garnished with a Mixed Leaf Salad

Mains

Gf Moroccan Style Chick Pea Patties £11.00
on a bed of Sautéed Spinach and Lemon & Coriander Yoghurt, served
with Vegetables and Potatoes of the Day

V Gougere Pastry (Choux Ring) £11.50
filled with Fresh Asparagus, Button and Wild Mushrooms in a Creamy
Garlic Sauce finished with Kale and served with a Side Salad

Chicken Breast wrapped in Parma Ham and cooked .. £16.95
with Mozzarella, Tomato and Basil
served on Mixed Bean Cassoulet with Chorizo and Garlic Sausage,
served with Arancini Ball

Gf Roast Barbary Duck Breast £18.50
Served with a Red Wine and Cherry Sauce with Vegetables and
Potatoes of the Day

Gf Thai Red Curry with Chicken and Veg £14.95
Served with Jasmine Rice and Prawn Crackers

Gf Fillet of Seabass cooked "en papillote" with £17.95
Peppers, Red Onion, Olives, Garlic and Lemon
Served with Potatoes and Vegetables of the Day

Homemade Cumbrian Beef Brisket Burger in a £14.00
Bretzel Roll
Served with Bacon, Cheese, Onion Rings and a side of Chips

*** Cod in our own Special** (Small -£7.50, Large - £13.95)
Batter & Chips
Our delicious "Cod" served with Chunky Chips, Tartar Sauce and
Mushy Peas.

+ *The Batter can be Substituted to Gluten Free Batter upon request.*

Scampi £11.50
With Peas, Side Salad, Homemade Tartar Sauce & Chips

Bacon Chop £11.25
served with Black Pudding, Fried Egg, Tomato, Smoked applewood
sauce and Chips

Ravioli of Wild Mushrooms £11.00
Served with a Pesto, White Wine and Cream Sauce, a Salad Garnish
and Garlic Bread

Gf Thai Beef Salad £14.95
Slices of Prime Rump Steak served Rare on a bed of mixed leaves.
With Grated Carrots, Spring Onion, Cucumber and Chili. Along with a
Tangy Thai dressing.

The Famous Waberthwaite Cumberland Sausage £10.95
Served plain and simple with Egg, Chips and Peas

Haggis, Neeps and Tattie Pie £10.95
Served with Chips and Gravy

Lasagne £11.50
Served with salad and a choice of Chips or Garlic Bread

**Cumbrian 8oz Rump £15.95, 8oz Ribeye £20.95, 8oz Sirloin
£20.00 & 8oz Fillet £25.95**

Served with Chips, Grilled Tomatoes, Onion Rings (Batter Can be Gluten
Free if Required) , and Veg of the Day

+ With a Choice of Sauce- Stilton & Port Sauce, Brandy Cream & Peppercorn or
Garlic Butter (All sauces are Gluten Free) +

**Items with this symbol mean all Bread and other
Foods containing Gluten Can be Substituted for
Gluten Free Options upon Request*